

GROUP LEADER DEVELOPMENT

We pride ourselves on our professional and passionate Group Leaders. We recently ran a training day to further develop the skills and techniques that our Leaders to use in the field. We ran 3 sessions:

- 1 Icebreaker, Team, Debriefing, Downtime & Fun Activities** – a hands-on and lively session filled with; tips on new approaches to debriefing ; ‘bag of tricks’ – running activities with simple props; energising games; mind-benders; and much more.
- 2 First Aid Scenario and Q & A** – an interactive and real-time first aid session. The ‘patients’ were made-up with lifelike injuries (think pouring blood and burns!) and briefed on their symptoms. The ‘responders’ had to assess the scene and provide radio communications to Base about the situation. The responders were also given ‘spanners’ such as wet weather and deteriorating symptoms that they had to adapt and manage on the spot. A beneficial session to cement and enhance our Group Leaders remote first aid qualification.
- 3 Bush Craft, Problem Solving & Teamwork** – please see article below about our ‘back-to-basics’ activities.



MY KAMPSITE RULES

We believe that making camp food is fun! We also believe in the involvement of students at meal times - from preparation to cooking to clean-up.

We have revamped and updated our popular MKR activity. Complete with new tables and gas burners; new pots, pans and utensils; new ingredients, instructions, and more!



BACK 2 BASICS

2016 will see a return & resurgence of bush craft basics & simple pursuits made fun! We aim to show students that a TV, phone or scheduled activity is not needed to keep them amused. Entertainment & engagement can come from the simplest of things.

On our development day our Group Leaders were shown through a series of new activities for our younger years. The activities are designed to: immerse the students in nature; encourage problem solving & teamwork; and to teach fire-lighting & other basic bush skills. Our first Year 5 students are enjoying themselves as I type.

Have read through the following titles for an idea of what's on offer.
- Rockets & Safe Landing - Water Measures - Conduit Men - My Boomerang Won't Come Back - Tent Me Up -



THE RIVER RUN



In our ongoing commitment to the new & exciting, our River Run was opened at the end of last year.

The River Run saw many a student tackle the muddy obstacles with a rinse off in the river to finish.

It was a fantastic hit across all ages and genders - after all, who needs an excuse to get dirty?

