

SMOPES RECIPE

Ingredients

McVities Milk Choc Hobnob biscuits or other alternative / Marshmallows (we recommend Pascall's) / A campfire Note: If your chosen biscuits do not have choc coating on one side then you will need a thin chocolate bar as well. Only bring as much as you will eat and share.

Method



During daylight find a marshmallow stick in the bush - it should look clean and smooth and be approx 1m long.



Once the campfire is started, place 2 Hobnob biscuits, chocolate side up, on a rock next to the fire so the chocolate can melt.



Immediately after, place 1-2 marshmallows on a stick and melt slowly over the glowing embers (not the flame which will just produce a little fireball of hot sugar). The embers will more consistently melt the whole marshmallow without burning the outside too much.



Once you are satisfied with the melt and before it falls off your stick, place your marshmallow(s) on one of the biscuits whilst still on the stick. Place the 2nd biscuit (after making sure it isn't too hot to touch) on top (choc side in) and sandwich the marshmallows between the biscuits to drag them off the stick. VOILA! You've made a S'more aka a Choc-Marshmallow Sandwich! TIP: Eat a maximum of 2 - you do no want to make yourselves sick!